



## Oban and Lorn and the Islands Living Well Network

28/12/2023

Oban, Lorn and the Islands Living Well Network Coordinator Carol, continues to try and get as much information as possible about support that is available for people in our communities, to the people who need that support. You can help.

### Recent Highlights

**Wednesday 29<sup>th</sup> November 2023** – Oban, Lorn and the Islands Living Well Network Meeting was held by Zoom. This meeting was supporting the Network priority of **Signposting**. 8 Living Well Network members shared information about the work they do and the support they provide across the area. Pain Association Scotland, NHS Breathing Space, Argyll and Bute Council Children's Rights and Child Poverty, Age Scotland, Oban Youth Café, Argyll and Bute Citizens Advice- Patient Advice and Support Service, ALI Energy, Social Security Scotland.

The Living Well Network, **Alcohol and Drug Partnership Funding** is available to apply for through the TSI and we are hoping that by the closing date of 12<sup>th</sup> January 2024, enough applications will have been received to use all of the £15,000 of funding that is available.

Contact Information has been sent to Coll, Tiree, Colonsay and Mull and Iona **Community Directories** from 22 of our Network Members to try and spread the word about the support that is available. **If your rural community has a local telephone directory, please contact Carol who will be happy to let you have the members details to include.**

### Coming in 2024

**Tuesday 14<sup>th</sup> May 2024 at the Rockfield centre, Oban, 10am till 12 noon – Living Well Network Meeting in Oban** for Living Well Network Members.

**Tuesday 14<sup>th</sup> May 2024 at the Rockfield centre, Oban in the afternoon - Living Well in Oban and Lorn Networking Event** (Information sharing). We hope to welcome lots of members of the public to this event. They will be able to gather information from charities, organisations, people who provide support about the support that is available for them.

**Wednesday 28<sup>th</sup> August 2024 – Living Well on Tiree event at An Talla, Isle of Tiree.** Mainland based organisations, charities etc. will be welcome to come to Tiree for the day to share information about the support they provide to people on Tiree.

Please e-mail [tcmhwn@gmail.com](mailto:tcmhwn@gmail.com) if you would like to hear more about the **Oban, Lorn and the Islands Living Well Network**.

Carol Flett

Living Well Network Coordinator

07753218327